

CLASS SCHEDULE

RILION GRACIE JIU-JITSU DORAL

MON	TUE	WED	THU	FRI	SAT	SUN
7:00 AM Adults All Levels 4:15 PM Kids Ages 4-7 5:15 PM Juniors Ages 8-11 6:00 PM Teens Ages 12-14 7:00 PM Adults All Levels - No-Gi 8:00 PM Adults All Levels	12:00 PM Adults All Levels 4:15 PM Kids Ages 4-7 5:15 PM Juniors Ages 8-11 6:00 PM Teens & Women's Ages 12-14 (teens) 7:00 PM Adults Advanced & Judo Class 8:00 PM Adults Beginners	7:00 AM Adults All Levels 4:15 PM Kids Ages 4-7 5:15 PM Juniors Ages 8-11 6:00 PM Teens Ages 12-14 7:00 PM Adults Beginners & Judo Class 8:00 PM Adults Advanced, Competition	12:00 PM Adults All Levels 4:15 PM Kids Ages 4-7 5:15 PM Juniors Ages 8-11 6:00 PM Teens Ages 12-14 7:00 PM Adults Advanced & Women's 8:00 PM Adults Beginners	7:00 AM Adults All Levels - No-Gi 5:15 PM Juniors & Teens No-Gi 6:00 PM Adults All Levels - Sparring/Q&A	10:00 AM Adults Women's, twice monthly 11:00 AM Adults All Levels	10:30 AM Open Mat All affiliations welcome

Kids: ages 4-7 | Juniors: ages 8-11 | Teens: ages 12-14
Judo: separate membership and program from Brazilian Jiu-Jitsu. | Open Mat: non-RGA members welcome with a \$15 mat fee.