Class Schedule - Rilion Gracie Jiu-Jitsu Doral

MON	TUE	WED	THU	FRI	SAT	SUN
7:00 AM 60 MIN **Adults** All Levels	**12:00 PM** 60 MIN **Adults** All Levels	**7:00 AM** 60 MIN **Adults** All Levels	**12:00 PM** 60 MIN **Adults** All Levels	**7:00 AM** 60 MIN **Adults** All Levels · No-Gi	**10:00 AM** 60 MIN **Women's Program** Twice monthly	**10:30 AM** 90 MIN **Open Mat** All affiliations welcome
4:15 PM 45 MIN **Kids** Ages 4-7	**4:15 PM** 45 MIN **Kids** Ages 4-7	**4:15 PM** 45 MIN **Kids** Ages 4-7	**4:15 PM** 45 MIN **Kids** Ages 4-7	**5:15 PM** 45 MIN **Juniors & Teens** No-Gi	**11:00 AM** 60 MIN **Adults** All Levels	
5:15 PM 45 MIN **Juniors** Ages 8-11	**5:15 PM** 45 MIN **Juniors** Ages 8-11	**5:15 PM** 45 MIN **Juniors** Ages 8-11	**5:15 PM** 45 MIN **Juniors** Ages 8-11 · No-Gi	**6:00 PM** 90 MIN **Adults** All Levels · Sparring/Q&A		
6:00 PM 50 MIN **Teens** Ages 12-14	**6:00 PM** 50 MIN **Teens & Women's Program** Ages 12-14 (teens)	**6:00 PM** 50 MIN **Teens** Ages 12-14	**6:00 PM** 50 MIN **Teens & Women's Program** Ages 12-14 (teens)			
7:00 PM 60 MIN **Adults** All Levels · No-Gi	**7:00 PM** 60 MIN **Adults** Beginners	**7:00 PM** 60 MIN **Adults** Beginners	**7:00 PM** 60 MIN **Adults** Beginners			
8:00 PM 60 MIN **Adults** All Levels	**7:00 PM** 75 MIN **Adults** Advanced	**7:00 PM** 75 MIN **Adults** Advanced	**7:00 PM** 75 MIN **Adults** Advanced			
	8:15 PM 45 MIN **Judo**		**8:15 PM** 45 MIN **Judo**			

Kids: ages 4-7 · Juniors: ages 8-11 · Teens: ages 12-14 · Adults Beginners: White Belt until 3rd stripe · Adults Advanced: White Belt 3 stripes and over · Fundamentals: all ranks · Women's Program: exclusive to women

Open Mat: non-RGA members welcome with a $15 mat fee · Mat Fee: $30 per session, email us before you show up · Judo: separate membership and program from Brazilian Jiu-Jitsu.

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